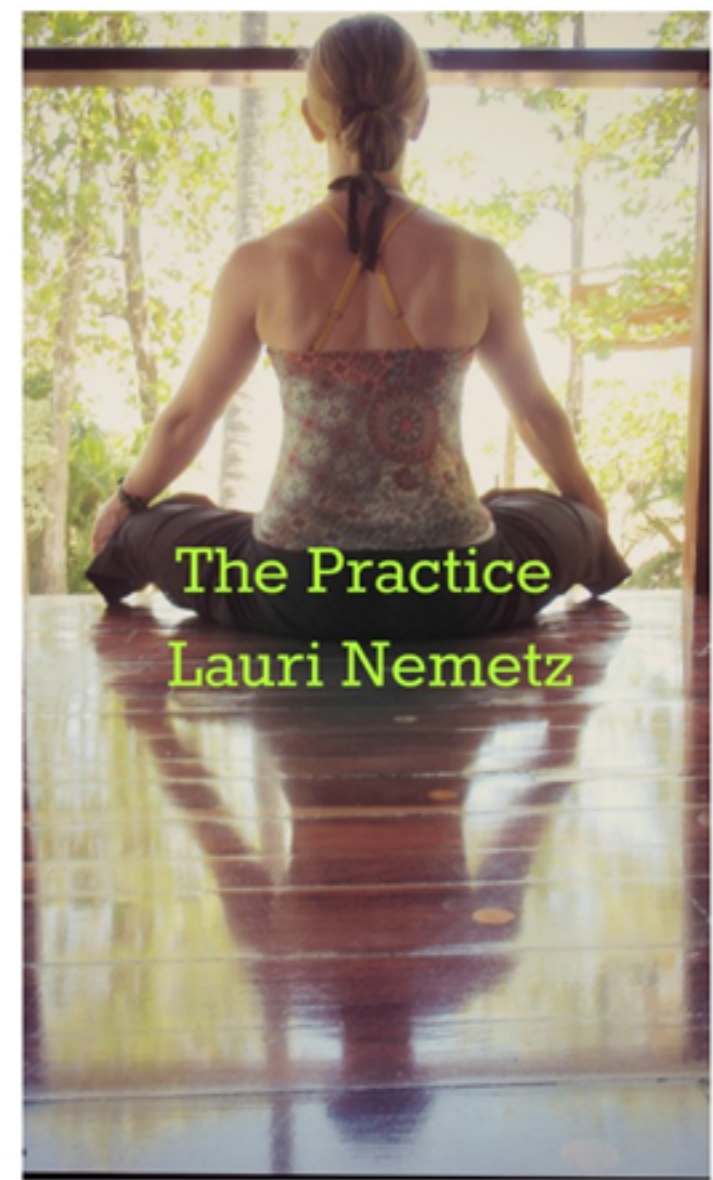


A person is captured in a dynamic yoga pose, balancing on a wooden beam. The scene is set outdoors by a body of water during a sunset or sunrise, with the sun low on the horizon and its light reflecting on the water. The sky is filled with soft, golden clouds. The person's arms are raised, and their body is arched, creating a silhouette against the bright background.

THE PRACTICE WITH LAURI
1ST THURSDAYS ~ JUNE 2ND
1-2:15 P.M. @ DRAGONFLY YOGA



Dragonfly Wellness Yoga Studio
109 Croton Avenue, Suite 205
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